

# THE LIGHTHOUSE

WEEKLY BULLETIN OF THE ROTARY CLUB OF MADRAS  
ISSUE 20 | NOVEMBER 21, 2023

BUILDING RESPONSIBLE COMMUNITIES









Dear RCMers,

Greetings to all!

Wishing our Japan bound friends a great trip.  
Congratulations to the award winners and trailblazers among our brethren. May you continue to inspire and delight us.

Yours in Rotary,  
**Rtn. Sunita Suresh**



**ROTARY CLUB OF MADRAS**

**INVITES YOU TO OUR WEEKLY VIRTUAL MEETING**  
on Tuesday, 28th November 2023  
**Zoom Meeting at 7pm IST**  
10:30 AM BRT

ROTARY INTERNATIONAL PRESIDENT NOMINEE  
**Rtn. MÁRIO CÉSAR MARTINS DE CAMARGO**

*will address us on Zoom from São Paulo, Brazil*

TOPIC  
**MY VISION OF ROTARY**

Zoom ID  
**852 6157 7282**  
Password  
**MEETRIPN**

Login from  
**6.30 pm IST**  
**10:00 am BRT**  
onward

Guests of honour from RI District 3232

**AKS Rtn Ravi Raman**  
District Governor

**Rtn N S Saravanan**  
District Governor - Elect

**AKS Rtn Vinod Saraogi**  
District Governor - Nominee

**Rtn. S. Ravi**  
President

**Rtn. M. Sessa Sai**  
Honorary Secretary

**Rtn. Vikram Chesetty**  
Director  
Club Service

**Rtn. Sandhya Sridhar**  
Chairperson  
Programs Committee

## THE LIGHTHOUSE

WEEKLY BULLETIN OF THE ROTARY CLUB OF MADRAS

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Send in your articles, news and stories for consideration in the Lighthouse bulletin to:  
[rcmlighthouse2023@gmail.com](mailto:rcmlighthouse2023@gmail.com)  
Stay updated with our very own RCM magazine!

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## Minutes of the 20th Weekly Meeting of Rotary Club of Madras

held at the Hyatt Regency on 21.11.23 at 1.30 PM

**Meeting commenced:** Past President Rtn. Mohan Raman P.V collared President Rtn. Ravi Sundaresan who formally called the 20th weekly meeting of RCM to order followed by silent invocation.

President Rtn. Ravi Sundaresan commenced the meeting and led the Silent Invocation.



### Confirmation of Previous Meeting:

- President Ravi acknowledged past president George Cherian for collaring him.
- Requested confirmation of the 19th weekly meeting held at Hyatt last week.

### Introduction of Guests:

- Welcomed visiting Rotarians and Probud Club members.
- Extending a welcome to Mr. Namaschivayam, Mr. Rammohan, Mr. Ramachandran, Mr. Arun, and Philip.

### Announcements:

- Rotary Badge by P.P. Mohan Raman:** Emphasised the importance of wearing Name Badges and Rotary Pins.

Announced a fine of Rs.50 for not wearing badges or pins starting next week.

- Japan Tour by P.P. Shivkumar:**
  - Shared details about the upcoming tour to Japan.
  - Mentioned virtual meetings during the tour period.

### iii. World Diabetes Day Recognition

#### by P.P. Indra Subramaniam:

Celebrated the success of World Diabetes Day activities in District 3232.

- Acknowledged the certificate of appreciation received.

### b. Donation of Nitric Oxide Device by Dr. Bala Ramachandran:

- Highlighted the donation of a life-saving device to Child's Trust Hospital.
- Thanked members for their participation and support.

### c. Cricket Carnival by Rtn. Shivakumar Easwaran:

- Announced the RCM Premier League concept.
- Provided details about team owners, co-owners, and the upcoming cricket carnival on December 16th and 17th.

### d. Rotary International President Nominee Address by Rtn. Nikhil:

- Informed about the upcoming Zoom meeting featuring the Rotary International President Nominee from Sao Paulo, Brazil.

### 2. Acknowledgments and Congratulations:

- Recognized the achievements of Rtn. Anil Srinivasan in Piano and Neuroscience.
- Congratulated Rtn. Farzan for receiving the title of Yoga Siksha Acharya.

### 3. Birthdays, Anniversaries, and Contributions:

- Acknowledged members celebrating birthdays, anniversaries, and contributions to the Sunshine fund.

### 4. Guest Speaker:

- Welcome Ms. Nirupa Shankar, JMD Brigade Group.
- P.P. K.K. Raman provided a formal introduction.

### 5. Guest Speaker's Address:

- Ms. Nirupa Shankar shared insights into her journey and experiences in the real estate industry.

### 6. Q&A Session:

- Members had the opportunity to ask questions.

### 7. Vote of Thanks:

- Rtn. Prashanth expressed gratitude to Ms. Nirupa Shankar for her insightful address. ■

## From the 20th Meeting of Rotary Club of Madras Nov. 21, 2023







# A Trailblazing Journey:

## Ms. Nirupa's Odyssey in Real Estate and Beyond

In an inspiring speech delivered on November 21, 2023, Ms. Nirupa, a prominent figure in the real estate sector, shared the highlights of her remarkable professional journey and personal growth. As the second-generation leader of her family's business empire, Ms. Nirupa emphasized the challenges and responsibilities faced by those stepping into such roles, debunking the notion of being handed a silver spoon.

Brigade, the company under Ms. Nirupa's stewardship, stands out as a multi-asset developer, listed with a market capitalization of \$2 billion, and holds the unique distinction of being the only real estate company in the top 100 companies in India. The Holiday Inn Hotel in OMR and Brigade World Trade Centre office and Residences in OMR are among the groundbreaking projects that underscore the company's innovative approach. The new project which is to be launched soon from Brigade Group would be Brigade ICON in Mount Road, which earlier belonged to TVS Group.

Ms. Nirupa's journey within the business reflects her determination to carve her own distinct path. Overcoming initial challenges of being overlooked in meetings, she integrated into the company, proving her mettle through innovative ideas. The question of fitting into her father's shoes lingered, eventually leading her to realize the importance of setting her own direction after 12 years in the industry.

Breaking barriers in a male-dominated industry, Ms. Nirupa expanded Brigade's ventures into hospitality, launching restaurants, and spearheading the Earth Fund for cleaner cities. Beyond her corporate achievements, she demonstrated a commitment to nurturing innovation by mentoring over 70 startups in the real estate tech sector.

Ms. Nirupa's refusal to merely tread her father's path garnered recognition, earning her the Best Accelerator Award in 2020. She advocates for hands-on involvement in all aspects of work, forming connections with frontline workers, and championing diversity in the workplace.

Personal struggles also found a place in her narrative, as she shared her transformative Ironman journey, shedding 25 kilograms. Despite societal pressure to prioritize work and family over athletic pursuits, she discovered that the discipline gained from her Ironman training enhanced her focus and decision-making in her professional life.

In conclusion, Ms. Nirupa's story serves as a testament to the power of pursuing dreams and passions. Her words echo the sentiment that success follows when one remains true to oneself and is answerable only to one's aspirations. Ms. Nirupa's trailblazing journey is not just a corporate success story; it's a testament to resilience, innovation, and the pursuit of one's unique path.

- *Rtn. Aswath Kumar Reddy* ■

# Donation of inhaled Nitric Oxide System

## to Kanchi Kamakoti CHILDS Trust Hospital by the Rotary Club of Madras

The Rotary Club of Madras (RCM), through a CSR grant from Raj Petro Specialities Private Limited and Raj Charitable Foundation, donated medical equipment worth Rs. 18 lakhs to Kanchi Kamakoti CHILDS Trust Hospital today.

The 35 bed Neonatal ICU (NICU) of Kanchi Kamakoti CHILDS Trust Hospital, headed by Dr. N. Chandrakumar, is one of the oldest NICUs in the country. It caters to newborn babies from the city of Chennai, rest of Tamil Nadu, southern Andhra Pradesh and neighbouring states. Since this NICU is a level IV referral unit, we receive very sick newborns who require the maximum level of life support. One such condition which requires advanced life support is persistent pulmonary hypertension in newborn (PPHN) wherein the blood pressure in the lungs does not fall after birth, as expected. As a result, the baby



struggles to breathe because blood cannot pickup oxygen in the lungs. This can lead to failure of multiple organs in the body and eventually death of the baby if not treated in time. One of the modalities available to treat PPHN is Inhaled Nitric oxide (iNO). This is a gas delivered through the ventilator which causes the blood pressure in the lungs to fall and thus improves oxygen delivery to the body. PPHN in newborn happens primarily due to lung diseases affecting the newborn baby, including aspiration of motion into the lung or infection. It can also occur if the baby fails to breathe at birth (birth asphyxia).

This equipment will also be useful in treating older infants and children with severe lung disease, due pneumonia or certain heart conditions. These children are managed by mechanical ventilation in the Pediatric ICU (PICU). The PICU at KKCTH, headed by Dr. Bala Ramachandran, has 21 beds and caters to children up to the age of 18 years from Tamil Nadu and southern Andhra Pradesh.

The “GeaNOx” inhaled Nitric Oxide system donated by The Rotary Club of Madras is manufactured by SOL Spa (Italy). It will enable us to care for extremely sick neonates and children and save their lives. This equipment is a major addition to the existing armamentaria available to care for sick neonates and children at KKCTH.

Furthermore, the state-of-the-art equipment and facilities available at KKCTH are cost-effective and reduce the economic burden on the families of the neonates. Our commitment to offering quality care at an affordable cost aligns with our mission to nurture safe and healthy children for the future. ■

**ROTARY CLUB OF MADRAS**  
(RI District 3252)  
Invites you to the handing over ceremony of

**INHALED NITRIC OXIDE SYSTEM TO NEONATAL ICU**

**KANCHI KAMAKOTI CHILD TRUST HOSPITAL**  
Medical Infra CSR Grant No. CS-2400245

DONATED BY  
**RAJ PETRO SPECIALITIES PVT. LTD & RAJ CHARITABLE FOUNDATION**

CHIEF GUEST  
**Rtn. Vinod Saraogi**  
Rotary District 3234, Governor Nominee

GUEST OF HONOUR  
**Rtn. Mehul Uday Nanavati**

Date : Tuesday, November 14th, 2023 at 3.00 pm  
at the KK Childs Trust Hospital,  
S.L. Chitale Auditorium  
T2A, Nageswara Road, Nungambakkam, Chennai-34

Rtn. S. Ravi Sundaresan  
President

Rtn. M. Seshu Sai  
Honorary Secretary

Rtn. Jayshree Sridhar  
Interim Past President

Rtn. Bharat M Pujara  
Director of Community Services II





## A Multi District, Multi Club Interact RYLA RYLA Kumbakonam Unveiled

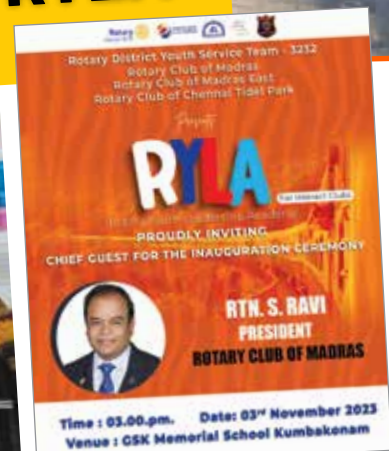
### A Remarkable Leadership Expedition

A detailed account by the interactors of Sri Sankara Vidyashramam unfolds the captivating journey to RYLA, marked by the rhythmic train clatter heralding the adventure ahead. The warm send-off by Rtn. Gopinath and President Rtn. Ravi Sundaresan set the tone for the 3rd to 5th November event, where 121 interactors, Rotractors, and 17 teacher coordinators, along with 80 interactors from GSK, embraced a transformative experience. The total beneficiaries were 210 including the Teacher Coordinators and Interactors.

The camaraderie between Rotractors and interactors was instant, fostering a refreshing escape filled with opportunities. Expert talks by Rotarians, including Rtn. Seshasai on diplomacy and Rtn. Kothangi Suchitra on first impressions, provided invaluable insights. Rtn. Ramesh Venkat discussed logistics careers, while Rtn. Kalyanam Sriram emphasized the importance of soft skills.

Special moments included Mr. Radha Krishnan's sculpting insights and a visit to Mr. Ramanujan's museum. The cultural show, featuring song, dance, yoga, and stand-up comedy, showcased the diverse talents of the interactors. The campfire night, brimming with excitement, brought together interactors, Rotarians, Rotractors, and faculty coordinators in a joyous celebration.

Rtn Dr. Murali Rao praised GSK Schools for their impeccable organization, earning a standing ovation. Every interactor was recognized with



a gold medal and certificate, while faculty coordinators received appreciation and Diwali gifts. The valedictory function, hosted by Rtn Jayshree Sridhar, concluded with applause for GSK School's hospitality.

Jointly organized by The Rotary Club of Madras, The Rotary Club of Madras East and the Rotary club of Chennai Tidel Park, the success of the Ryla camp was attributed to the tireless efforts of key contributors. Kumbakonam, often associated with kaapi, added GSK's warm hospitality to its charm, creating a tapestry of love, sharing, caring, and understanding. This RYLA journey truly molded leaders among the interactors, supported wholeheartedly by ROTARY.

**- Interactors of Sri Sankara Vidyashram.**





The "RCM Premiere League" curtain-raiser at Madras Cricket Club on November 18, 2023, was a vibrant affair. Rtn Shivkumar Eashwaran and Rtn Balakrishnan S. led an enthusiastic gathering, fostering club fellowship. The event, marked by lively interactions and a delightful cocktail lunch, sets an optimistic tone for the upcoming cricket league. ■











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## MEDICAL CAMP AT THIRUVOTIYUR THERADI, MANGADU ELLAPPA TRUST COMMUNITY HALL

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The Medical Camp of RCM, along with 16 Rotary Clubs of the District participated on Sunday, October 29th 2023 at Thiruvotiyur Theradi, Mangadu Ellappa Trust Community Hall, North Chennai.

Conducted by: Hande Hospital, Shenoy Nagar, Chennai & Vision Foundation / Uma Eye Clinic, Anna Nagar, Chennai.

Organised by: The Rotary Club of Madras, with active participation of Rtn. President Ravi Sundaresan, Hounary Secretary Rtn. Sesha Sai & Rtn. PP Shanker Mangadu.

Besides, Trustees / reps of Mangadu Ellappa Chettiar Charities Trust.

### EYE CHECKUP:

Total No of Patients screened	- 193
Total No of Free Glasses Distributed	- 25
Total No of Cataract Patients	
Picked up for Free Surgery	- 43

### GENERAL CAMP REPORT - HANDE HOSPITAL:

TOTAL PATIENTS	- 128
Hba1c DONE	- 52
ECG DONE	- 52
BLOOD SUGAR, CBG	- 128
NEWLY DIAGNOSED DIABETICS	- 8
NEWLY DIAGNOSED HT	- 15
ECG CHANGES	- 8
MYOCARDIAL INFARCTION (MI)	- 1
ENT	- 15

We profusely thank President Ravi, Hounary. Secretary Rtn. Sesha Sai, Dr. Krishna Hande / Admin - Ms. Pavithra, Hande Hospital & all the doctors and paramedics of both institutions for great support.

Profusely thank 16 Rotary Clubs of District 3232, Presidents and Past Presidents for their presence and active participation. We thank the Mangadu Ellappa Charities Trust for lending their newly built spacious venue for conducting the camp.

We also thank PP Rtn. Shanker Mangadu for providing a sumptuous breakfast, followed by lunch after the camp for all the Rotarians who were present as well as the doctors and paramedics/assistants who conducted the camp. Let's move on to serve the Community at large.

**Dr. Arulmozhi Varman**

Past President, Rotary Club of Madras ■



I attended Rotary club of Adelaide meeting recently which celebrated their centenary this year. They have been meeting at the beautiful Adelaide oval since inception and sir don bradman has been a prominent member of this club. Rajeev kamineni, former member of our club was their 100th president and now nominated to the District governor's post. On the occasion of centenary celebrations, the club has brought out a beautiful compilation of the history of the club profiling each president till date and also showcasing their era right from 1920s till date.

**Rtn. A K Tareen**





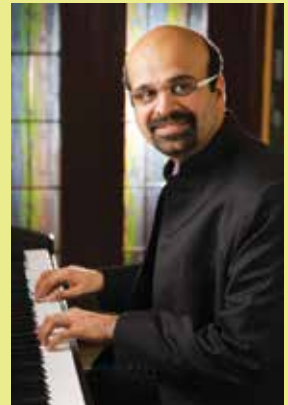
Dear Rotarians,  
Rotary Youth Exchange Committee  
has officially recognized  
**PP. Rtn. Paul K Jacob**  
as the Youth Protection Officer  
(YPO), highlighting the  
significance of his role in  
Rotary Youth Exchange (RYE)  
within RID 3232.



10 Congratulations to  
**Rtn. Fharzana** for receiving the  
title of "**Yoga Chikitsa Acharya**"  
from Dev Sanskriti Vishwavidhyala  
in Haridwar. Humbled and  
grateful, she shares the honor with  
esteemed Yoga practitioners,  
Dr. Ananda Balayogi Bhavanani  
and Ganesh Raoji. Wishing her  
continued success and recognition.

### Rtn. Anil Srinivasan,

renowned pianist with expertise in  
cognitive neuroscience, has been  
acknowledged by The World Day of  
Prayer and Action for Children,  
UNICEF, and other organizations  
for his outstanding contributions  
to child welfare. His distinctive  
musical creation, titled Rhapsody,  
has proven beneficial in assisting  
numerous children.



## RCMers, Off to Japan!



## BIRTHDAYS

Nov. 22nd - Rtn. Anil Mulchandani  
Nov. 22nd - Rtn. Jagadish P.S  
Nov. 23rd - Rtn. Arjun Ananth  
Nov. 23rd - Rtn. Jayshree Sridhar  
Nov. 24th - Rtn. Jayshree Raveendran  
Nov. 25th - Rtn. Subbiah Viswanathan  
Nov. 26th - Rtn. Anisha Ashok Dr

Nov. 21st - Ann. Susan, Spouse of Capt. Shibu Isaac  
Nov. 24th - Ann. Ritwik Bhattacharjee, Spouse of Maya Thiagarajan  
Nov. 24th - Ann. Smitha, Spouse of Rakesh Jaiswal  
Nov. 25th - Ann. Khushali, Spouse of Pranay H Gambhir  
Nov. 26th - Ann. Savithri Nagarajan, Spouse of Nagarajan M.S.

## WEDDING ANNIVERSARIES

Nov. 21st - Rtn. Ranjeeth D. Rathod & Mamta Ranjeeth Rathod  
Nov. 21st - Rtn. Abdul Kareem Sait & Raheela Kareem  
Nov. 21st - Rtn. Sunil Sudhakar Shanker & Rashmi  
Nov. 22nd - Rtn. Anil Saraogi & Manisha Saraogi  
Nov. 22nd - Rtn. Vasudevan R. & Vidya  
Nov. 23rd - Rtn. Prashant Kekre Dr. & Dr. Sushama Kekre  
Nov. 26th - Rtn. Sanjay V. Parikh & Rupal  
Nov. 26th - Rtn. Vikram Chesetty & Supriya



Join us this month by participating in the e-waste collection drive. This initiative not only addresses the mounting issue of electronic waste but also promotes responsible disposal and recycling. We accept a wide range of electronic items, like old computers, laptops, smartphones, tablets, printers, monitors, keyboards, mice, cables, and other peripherals. Additionally, household appliances like refrigerators, washing machines, and microwaves are accepted. The goal is to divert these items from landfills, ensuring they are recycled or disposed of in an environmentally responsible manner to reduce the environmental impact of electronic waste.

#ewastecollectiondrive  
#cleanerplanet  
#Reduceewaste

Drop off point:

**Wasted 360 Solutions,**  
T.Nagar, Chennai: 600017

Google Map Link:

<https://maps.app.goo.gl/zDrpausVvV9fCcz97>

Do fill the google form once you send for our team to quantify and know you participated:

<https://forms.gle/WB4LfjahdsLYpi59A>

Thank you so much!

Environment Committee

**Rtn. Gautam Reddy**

**Rtn. Dr. Vani Vijay**



WALK THE TALK:

### **E-Waste Collection Drive**

November 2023 Update:

**Rtn. Suresh Amirapu** collected all his E-Waste and deposited at the premises of Wasted 360 Solutions. Here the e-wastes are collected, recycled, reused and other disposed in an environmentally benign manner instead of ending up in a landfill.

